

January 2024

- Communication
- Socialization
- Job Training
- Independent Living Skills
- Physical Wellbeing
- Social Group Activity

December 2023							January 2024							February 2024							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
					1	2	1	2	3	4	5	6							1	2	3
3	4	5	6	7	8	9	7	8	9	10	11	12	13	4	5	6	7	8	9	10	
10	11	12	13	14	15	16	14	15	16	17	18	19	20	11	12	13	14	15	16	17	
17	18	19	20	21	22	23	21	22	23	24	25	26	27	18	19	20	21	22	23	24	
24	25	26	27	28	29	30	28	29	30	31	25	26	27	28	29						
31																					

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
		<ul style="list-style-type: none"> ■ 9:00 AM Physical Wellbeing ■ 10:30 AM Lunch/Socialization PICNIC ■ 12:00 PM 1. Group Socialization: Balboa Park ■ 2:00 PM 2. Group Socialization: Castle Park 	<ul style="list-style-type: none"> ■ 9:00 AM Job Training 1:1 Job Skills (on location) 	<ul style="list-style-type: none"> ■ 9:00 AM Physical Wellbeing ■ 10:30 AM Lunch/Socialization FATBURGER ■ 12:00 PM Communication Event @ Roxbury Park ■ 3:00 PM Job Training 1:1 Job Skills (on location) 	<ul style="list-style-type: none"> ■ 9:00 AM Job Training: Intro ■ 11:00 AM Lunch/Socialization ■ 12:00 PM Independent Living Skills: Hike Tree People 	
7	8	9	10	11	12	13
<ul style="list-style-type: none"> ■ 9:00 AM Physical Wellbeing ■ 10:30 AM Socialization Balboa Park ■ 1:30 PM Job Training 1:1 Job Skills (on location) 	<ul style="list-style-type: none"> ■ 9:00 AM Physical Wellbeing ■ 10:30 AM Lunch/Socialization PICNIC ■ 1:45 PM 2. Group Socialization: Movie Theatre Universal City ■ 11:45 PM 1. Group Socialization: North Hollywood Rec Center 	<ul style="list-style-type: none"> ■ 9:00 AM Job Training 1:1 Job Skills (on location) ■ ... 1. Group Socialization: North Hollywood Rec Center 	<ul style="list-style-type: none"> ■ 9:00 AM Physical Wellbeing ■ 10:30 AM Lunch/Socialization FATBURGER ■ 12:00 PM Communication Event @ Roxbury Park ■ 3:00 PM Job Training 1:1 Job Skills (on location) 	<ul style="list-style-type: none"> ■ 9:00 AM Job Training: Phone Calls ■ 11:00 AM Lunch/Socialization ■ 12:00 PM Independent Living Skills: Hike Franklin Canyon 		
14	15	16	17	18	19	20
<ul style="list-style-type: none"> ■ 9:00 AM Physical Wellbeing ■ 10:30 AM Socialization Balboa Park ■ 1:30 PM Job Training 1:1 Job Skills (on location) 	<ul style="list-style-type: none"> ■ 9:00 AM Physical Wellbeing ■ 10:30 AM Lunch/Socialization PICNIC ■ 12:00 PM 1. Group Socialization: Gilbert Lindsay Park ■ 2:30 PM 2. Group Socialization: Natural History Museum 	<ul style="list-style-type: none"> ■ 9:00 AM Job Training 1:1 Job Skills (on location) 	<ul style="list-style-type: none"> ■ 9:00 AM Physical Wellbeing ■ 10:30 AM Lunch/Socialization FATBURGER ■ 12:00 PM Communication Event @ Roxbury Park ■ 3:00 PM Job Training 1:1 Job Skills (on location) 	<ul style="list-style-type: none"> ■ 9:00 AM Job Training: MLK Volunteer Day ■ 11:00 AM Lunch/Socialization ■ 12:00 PM Independent Living Skills: Hike Old LA Zoo 		
21	22	23	24	25	26	27
<ul style="list-style-type: none"> ■ 9:00 AM Physical Wellbeing ■ 10:30 AM Socialization Balboa Park ■ 1:30 PM Job Training 1:1 Job Skills (on location) 	<ul style="list-style-type: none"> ■ 9:00 AM Physical Wellbeing ■ 10:30 AM Lunch/Socialization PICNIC ■ 11:45 AM 1. Group Socialization: Basketball McCambridge Park ■ 2:30 PM 2. Group Socialization: Color Me Mine 	<ul style="list-style-type: none"> ■ 9:00 AM Job Training 1:1 Job Skills (on location) 	<ul style="list-style-type: none"> ■ 9:00 AM Physical Wellbeing ■ 10:30 AM Lunch/Socialization FATBURGER ■ 12:00 PM Communication Event @ Roxbury Park ■ 3:00 PM Job Training 1:1 Job Skills (on location) 	<ul style="list-style-type: none"> ■ 9:00 AM Job Training: Phone, Text, Email ■ 11:00 AM Lunch/Socialization ■ 12:00 PM Independent Living Skills: Hike Dixie Canyon 		
28	29	30	31	1	2	3
<ul style="list-style-type: none"> ■ 9:00 AM Physical Wellbeing ■ 10:30 AM Socialization Balboa Park ■ 1:30 PM Job Training 1:1 Job Skills (on location) 	<ul style="list-style-type: none"> ■ 9:00 AM Physical Wellbeing ■ 10:30 AM Lunch/Socialization PICNIC ■ 12:00 PM 1. Group Socialization: Los Amigos Park ■ 2:00 PM 2. Group Socialization: Bike Riding at Perry's Cafe 	<ul style="list-style-type: none"> ■ 9:00 AM Job Training 1:1 Job Skills (on location) 	<ul style="list-style-type: none"> ■ 9:00 AM Physical Wellbeing ■ 10:30 AM Lunch/Socialization FATBURGER ■ 12:00 PM Communication Event @ Roxbury Park ■ 3:00 PM Job Training 1:1 Job Skills (on location) 	<ul style="list-style-type: none"> ■ 9:00 AM Job Training 1:1 Job Skills (on location) ■ 11:00 AM Lunch/Socialization ■ 12:00 PM Independent Living Skills 		

December 31 to January 6, 2024

December 2023

S	M	T	W	T	F	S
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

January 2024

S	M	T	W	T	F	S
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Week 1

- Communication
- Socialization
- Job Training
- Independent Living Skills
- Physical Wellbeing
- Social Group Activity

	31 Sunday	1 Monday	2 Tuesday	3 Wednesday	4 Thursday	5 Friday	6 Saturday
8 AM							
9 AM			Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Job Training 1:1 Job Skills (on location)	Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Job Training: Intro West Hollywood Library 625 N San Vicente Blvd, West Hollywood, CA 90069, United States	
10 AM							
11 AM			Lunch/Socialization PIC- NIC		Lunch/Socialization FAT- BURGER Fatburger 6162 Sepulve- da Blvd Van Nuys, CA 91411	Lunch/Socialization	
Noon			1. Group Socialization: Balboa Park Lake Balboa / Anthony C. Beilenson Park 6300 Balboa Blvd, Lake Balboa, CA 91406, Unit- ed States		Communication Event @ Roxbury Park Roxbury Park 471 S Roxbury Dr, Bev- erly Hills, CA 90212, United States	Independent Living Skills: Hike Tree People Treepeople 12601 Mulholland Dr, Beverly Hills, CA 90210, United States	
1 PM							
2 PM			2. Group Socialization: Castle Park Sherman Oaks Castle Park 4989 Sepulveda Blvd, Sherman Oaks, CA 91403, United States				
3 PM					Job Training 1:1 Job Skills (on location)		
4 PM							
5 PM							
6 PM							

January 7 to January 13, 2024

Week 2

- Communication
- Socialization
- Job Training
- Independent Living Skills
- Physical Wellbeing
- Social Group Activity

January 2024							February 2024						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6					1	2	3	
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28	29	30	31				25	26	27	28	29		

	7 Sunday	8 Monday	9 Tuesday	10 Wednesday	11 Thursday	12 Friday	13 Saturday
8 AM							
9 AM		Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Job Training 1:1 Job Skills (on location)	Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Job Training: Phone Calls Coldwater Canyon Park 1100 N Beverly Dr, Beverly Hills, CA 90210, United States	
10 AM							
11 AM		Socialization Balboa Park Balboa Park Van Nuys 6300 Balboa Blvd, Lake Balboa, CA 91406, United States	Lunch/Socialization PIC-NIC		Lunch/Socialization FAT-BURGER Fatburger 6162 Sepulveda Blvd Van Nuys, CA 91411	Lunch/Socialization	
Noon			1. Group Socialization: North Hollywood Rec Center North Hollywood Recreation Center 11430 Chandler Blvd, North Hollywood, CA		Communication Event @ Roxbury Park Roxbury Park 471 S Roxbury Dr, Beverly Hills, CA 90212, United States	Independent Living Skills: Hike Franklin Canyon Franklin Canyon Park 2600 Franklin Canyon Dr, Beverly Hills, CA 90210, United States	
1 PM							
2 PM		Job Training 1:1 Job Skills (on location)	2. Group Socialization: Movie Theatre Universal City Universal Cinema AMC at CityWalk Hollywood 100 Universal City Plaza, Universal City, CA 91608, United States				
3 PM					Job Training 1:1 Job Skills (on location)		
4 PM							
5 PM							
6 PM							

January 14 to January 20, 2024

Week 3

- Communication
- Socialization
- Job Training
- Independent Living Skills
- Physical Wellbeing
- Social Group Activity

January 2024							February 2024						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6				1	2	3	
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28	29	30	31				25	26	27	28	29		

	14 Sunday	15 Monday	16 Tuesday	17 Wednesday	18 Thursday	19 Friday	20 Saturday
8 AM							
9 AM		Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Job Training 1:1 Job Skills (on location)	Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Job Training: MLK Volunteer Day 570 West Avenue 26, Suite 400 Los Angeles CA, USA 90065	
10 AM							
11 AM		Socialization Balboa Park Balboa Park Van Nuys 6300 Balboa Blvd, Lake Balboa, CA 91406, United States	Lunch/Socialization PIC-NIC		Lunch/Socialization FAT-BURGER Fatburger 6162 Sepulveda Blvd Van Nuys, CA 91411	Lunch/Socialization	
Noon							
1 PM			1. Group Socialization: Gilbert Linday Park 429 E 42nd Pl Los Angeles, CA, United States		Communication Event @ Roxbury Park Roxbury Park 471 S Roxbury Dr, Beverly Hills, CA 90212, United States	Independent Living Skills: Hike Old LA Zoo 4801 Griffith Park Dr Los Angeles, CA, United States	
2 PM		Job Training 1:1 Job Skills (on location)					
3 PM			2. Group Socialization: Natural History Museum 900 Exposition Blvd Los Angeles, CA, United States		Job Training 1:1 Job Skills (on location)		
4 PM							
5 PM							
6 PM							

January 21 to January 27, 2024

Week 4

- Communication
- Socialization
- Job Training
- Independent Living Skills
- Physical Wellbeing
- Social Group Activity

January 2024							February 2024						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6					1	2	3	
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28	29	30	31				25	26	27	28	29		

	21 Sunday	22 Monday	23 Tuesday	24 Wednesday	25 Thursday	26 Friday	27 Saturday
8 AM							
9 AM		Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Job Training 1:1 Job Skills (on location)	Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Job Training: Phone, Text, Email Coldwater Canyon Park 1100 N Beverly Dr, Beverly Hills, CA 90210, United States	
10 AM							
11 AM		Socialization Balboa Park Balboa Park Van Nuys 6300 Balboa Blvd, Lake Balboa, CA 91406, United States	Lunch/Socialization PIC-NIC		Lunch/Socialization FAT-BURGER Fatburger 6162 Sepulveda Blvd Van Nuys, CA 91411	Lunch/Socialization	
Noon			1. Group Socialization: Basketball McCambridge Park McCambridge Park & Recreation Center 1515 N Glenoaks Blvd, Burbank, CA 91504, United States		Communication Event @ Roxbury Park Roxbury Park 471 S Roxbury Dr, Beverly Hills, CA 90212, United States	Independent Living Skills: Hike Dixie Canyon 3539-3501 Dixie Canyon Pl Sherman Oaks, CA, United States	
1 PM		Job Training 1:1 Job Skills (on location)					
2 PM							
3 PM			2. Group Socialization: Color Me Mine 2280 Honolulu Ave Montrose, CA, United States		Job Training 1:1 Job Skills (on location)		
4 PM							
5 PM							
6 PM							

January 28 to February 3, 2024

Week 5

- Communication
- Socialization
- Job Training
- Independent Living Skills
- Physical Wellbeing
- Social Group Activity

January 2024							February 2024						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6				1	2	3	
7	8	9	10	11	12	13	4	5	6	7	8	9	10
14	15	16	17	18	19	20	11	12	13	14	15	16	17
21	22	23	24	25	26	27	18	19	20	21	22	23	24
28	29	30	31				25	26	27	28	29		

	28 Sunday	29 Monday	30 Tuesday	31 Wednesday	1 Thursday	2 Friday	3 Saturday
8 AM							
9 AM		Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Job Training 1:1 Job Skills (on location)	Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Job Training 1:1 Job Skills (on location)	
10 AM							
11 AM		Socialization Balboa Park Balboa Park Van Nuys 6300 Balboa Blvd, Lake Balboa, CA 91406, United States	Lunch/Socialization PIC- NIC		Lunch/Socialization FAT- BURGER Fatburger 6162 Sepulveda Blvd Van Nuys, CA 91411	Lunch/Socialization	
Noon							
1 PM			1. Group Socialization: Los Amigos Park 500 Hollister Ave Santa Monica, CA, United States		Communication Event @ Roxbury Park Roxbury Park 471 S Roxbury Dr, Beverly Hills, CA 90212, United States	Independent Living Skills (on location)	
2 PM		Job Training 1:1 Job Skills (on location)					
3 PM			2. Group Socialization: Bike Riding at Perry's Cafe 2400 Ocean Front Walk Venice, CA, United States				
4 PM					Job Training 1:1 Job Skills (on location)		
5 PM							
6 PM							