

September 2025

- Communication
- Socialization
- Job Training
- Independent Living Skills
- Physical Wellbeing
- Stellify Calendar
- Social Group Activity

August 2025							September 2025							October 2025						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2		1	2	3	4	5	6				1	2	3	4
3	4	5	6	7	8	9		7	8	9	10	11	12	13			5	6	7	8
10	11	12	13	14	15	16		14	15	16	17	18	19	20			12	13	14	15
17	18	19	20	21	22	23		21	22	23	24	25	26	27			19	20	21	22
24	25	26	27	28	29	30		28	29	30							26	27	28	29
31																				

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 No Program – Labor Day	1 9:00AM Physical Wellbeing 10:30AM Lunch/Socialization PICNIC (No Pack a Lunch) 12:00PM 1. Group Socialization: Soccer 2:00PM 2. Group Socialization: Skyzone	2 9:00AM Independent Living Skills: Texting and Phone 11:30AM Bus to Burbank Town Center 12:00PM Lunch (Pack Lunch) 1:00PM Bus to Batting Cage 1:30PM Batting Cage 3:15PM Bus Back to Ver-	3 9:00AM Physical Wellbeing 10:30AM Lunch/Socialization FATBURGER 12:00PM Communication Event @ Roxbury Park 3:00PM Job Training 1:1 Job Skills (on location)	4 9:00AM Independent Living Skills: Self Reflection 12:00PM Pack Lunch 12:45PM Independent Living Skills: Texting & Calling 1:45PM Independent Living Skills: Laundry	5	6
7 9:00AM Physical Wellbeing 10:30AM Socialization Balboa Park / Pack Lunch + Letter Writing 1:30PM Job Training 1:1 Job Skills (on location)	8 9:00AM Physical Wellbeing 10:30AM Lunch/Socialization PICNIC (No Pack a Lunch) 12:00PM 1. Group Socialization: Soccer 2:00PM 2. Group Socialization: Golf Lesson	9 9:00AM Independent Living Skills: Laundry 11:15AM Independent Living Skills: Grocery Shopping 12:00PM Picnic at Verdugo Park 2:00PM AMC Theaters	10 9:00AM Physical Wellbeing 10:30AM Lunch/Socialization FATBURGER 12:00PM Communication Event @ Roxbury Park 3:00PM Job Training 1:1 Job Skills (on location)	11 10:00AM Six Flags! 🎢 (PACK LUNCH)	12	13
14 9:00AM Physical Wellbeing 10:30AM Socialization Balboa Park / Pack Lunch 12:30PM Pool @ Dave + Busters 1:30PM Job Training 1:1 Job Skills (on location)	15 9:00AM Physical Wellbeing 10:30AM Lunch/Socialization PICNIC (No Pack a Lunch) 12:00PM 1. Group Socialization: Football 2:00PM 2. Group Socialization: Colombia Memorial Space Center	16 9:00AM Independent Living Skills: Hygiene 10:30AM Independent Living Skills: Independent Living 12:15PM Lunch at Taco Bell 1:15PM Walk to Getty Villa 1:45PM Getty Villa 3:00PM Independent Living Skills: Bus back to Douglas	17 9:00AM Physical Wellbeing 10:30AM Lunch/Socialization FATBURGER 12:00PM Communication Event @ Roxbury Park 3:00PM Job Training 1:1 Job Skills (on location)	18 9:00AM Physical Wellbeing: Sepulveda Nature Walk 12:30PM Pack Lunch 2:00PM Job Training: Best-friends LA Volunteering	19	20
21 9:00AM Physical Wellbeing 10:30AM Socialization Balboa Park / Pack Lunch 1:30PM Job Training 1:1 Job Skills (on location)	22 9:00AM Physical Wellbeing 10:30AM Lunch/Socialization PICNIC (No Pack a Lunch) 12:00PM 1. Group Socialization: Football 2:00PM 2. Group Socialization: Iceland Ice Skating	23 9:00AM Independent Living Skills: Letter Writing 11:30AM Pack Lunch 1:30PM Independent Living Skills: Clothes Shopping 2:30PM Independent Living Skills: Barnes and Noble	24 9:00AM Physical Wellbeing 10:30AM Lunch/Socialization FATBURGER 12:00PM Communication Event @ Roxbury Park 3:00PM Job Training 1:1 Job Skills (on location)	25 9:00AM Bike Riding in Long Beach 12:30PM Pack Lunch 2:00PM Group Socialization: Los Angeles Maritime Museum	26	27
28 9:00AM Physical Wellbeing 10:30AM Socialization Balboa Park / Pack Lunch 1:30PM Job Training 1:1 Job Skills (on location)	29 9:00AM Physical Wellbeing 10:30AM Lunch/Socialization PICNIC (No Pack a Lunch) 12:00PM 1. Group Socialization: Frisbee 2:00PM 2. Group Socialization: Neon Retro Arcade	30 9:00AM Physical Wellbeing 10:30AM Lunch/Socialization FATBURGER 12:00PM Communication Event @ Roxbury Park 3:00PM Job Training 1:1 Job Skills (on location)	1 9:00AM Physical Wellbeing 10:30AM Lunch/Socialization FATBURGER 12:00PM Communication Event @ Roxbury Park 3:00PM Job Training 1:1 Job Skills (on location)	2 3	4	

August 31 to September 6, 2025

Week 36

- Socialization
- Job Training
- Independent Living Skills
- Physical Wellbeing
- Stellify Calendar
- US Holidays
- Social Group Activity
- Communication

August 2025							September 2025						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1 2		1	2	3	4	5	6
3	4	5	6	7	8	9	7	8	9	10	11	12	13
10	11	12	13	14	15	16	14	15	16	17	18	19	20
17	18	19	20	21	22	23	21	22	23	24	25	26	27
24	25	26	27	28	29	30	28	29	30				
31													

	Sunday 31	Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5	Saturday 6
		No Program – Labor Day Labor Day					
8AM							
9AM			Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Independent Living Skills: Texting and Phone Calls Verdugo Park 710 N Cal- ifornia St Floor 1, Bur- bank, CA 91505	Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Independent Living Skills: Self Reflection West Hollywood Library 625 N San Vicente Blvd, West Hollywood, CA 90069, United States	
10AM			Lunch/Socialization PIC- NIC (No Pack a Lunch)		Lunch/Socialization FAT- BURGER Fatburger 6162 Sepulve-		
11AM				Bus to Burbank Town			
Noon			1. Group Socialization: Soccer Grape Arbor Park 5100 Parkville Rd, Cal- abasas, CA 91301, Unit- ed States	Lunch (Pack Lunch)	Communication Event @ Roxbury Park Roxbury Park 471 S Roxbury Dr, Bev- erly Hills, CA 90212, United States	Pack Lunch	
1PM				Bus to Batting Cage Batting Cage 220 N Victory Blvd Burbank, CA, United States		Independent Living Skills: Texting & Calling	
2PM			2. Group Socialization: Skyzone Sky Zone 193 N Moorpark Rd, Unit A, Thousand Oaks, CA 91360, United States			Independent Living Skills: Laundry 5960 W Pico Blvd, Los Angeles, CA 90035	
3PM				Bus Back to Verdugo Park Verdugo Park 710 N Cal-	Job Training 1:1 Job Skills (on location)		
4PM							
5PM							
6PM							

September 7 to September 13, 2025

Week 37

- Socialization
- Job Training
- Independent Living Skills
- Physical Wellbeing
- Stellify Calendar
- US Holidays
- Social Group Activity
- Communication

September 2025							October 2025						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6			1	2	3	4	
7	8	9	10	11	12	13	5	6	7	8	9	10	11
14	15	16	17	18	19	20	12	13	14	15	16	17	18
21	22	23	24	25	26	27	19	20	21	22	23	24	25
28	29	30					26	27	28	29	30	31	

	Sunday 7	Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12	Saturday 13
8AM							
9AM							
10AM		Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Independent Living Skills: Laundry Verdugo Coin Laundry 3330 Verdugo Rd, Los Angeles, CA 90065, United States	Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Six Flags! 🎢 (PACK LUNCH) Six Flags Magic Mountain 26101 Magic Mountain Pkwy, Valencia, CA 91355, United States	
11AM		Socialization Balboa Park / Pack Lunch + Let- ter Writing Balboa Park Van Nuys 6300 Balboa Blvd, Lake Balboa, CA 91406, Unit- ed States	Lunch/Socialization PIC- NIC (No Pack a Lunch)	Independent Living Skills: Grocery Shopping	Lunch/Socialization FAT- BURGER Fatburger 6162 Sepulve-		
Noon			1. Group Socialization: Soccer Lake Balboa / Anthony C. Beilenson Park 6300 Balboa Blvd, Lake Balboa, CA 91406, Unit- ed States	Picnic at Verdugo Park Verdugo Park 1621 Cañada Blvd, Glen-	Communication Event @ Roxbury Park Roxbury Park 471 S Roxbury Dr, Bev- erly Hills, CA 90212, United States		
1PM							
2PM		Job Training 1:1 Job Skills (on location)	2. Group Socialization: Golf Lesson 16821 Burbank Blvd Encino, CA, United States	AMC Theaters 322 Americana Way Glendale, CA, United States	Job Training 1:1 Job Skills (on location)		
3PM							
4PM							
5PM							
6PM							

September 14 to September 20, 2025

Week 38

- Socialization
- Job Training
- Independent Living Skills
- Physical Wellbeing
- Stellify Calendar
- US Holidays
- Social Group Activity
- Communication

September 2025							October 2025						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6			1	2	3	4	
7	8	9	10	11	12	13	5	6	7	8	9	10	11
14	15	16	17	18	19	20	12	13	14	15	16	17	18
21	22	23	24	25	26	27	19	20	21	22	23	24	25
28	29	30					26	27	28	29	30	31	

	Sunday 14	Monday 15	Tuesday 16	Wednesday 17	Thursday 18	Friday 19	Saturday 20
8AM							
9AM							
10AM		Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Independent Living Skills: Hygiene Douglas Park 2439 Wilshire Blvd, Santa Monica, CA 90403, Unit-	Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Physical Wellbeing: Sepulveda Nature Walk 6350 Woodley Ave Van Nuys, CA, United States	
11AM		Socialization Balboa Park / Pack Lunch Northridge Fashion Cen- ter 9301 Tampa Ave, North- ridge, CA 91324, United States Pool @ Dave + Busters	Lunch/Socialization PIC- NIC (No Pack a Lunch)	Independent Living Skills: Haircuts 1828 Wilshire Blvd Independent Living Skills: Bus	Lunch/Socialization FAT- BURGER Fatburger 6162 Sepulve-		
Noon			1. Group Socialization: Football 8840 Golden Ave Downey, CA, United States	Lunch at Taco Bell 17299 Pacific Coast Hwy Pacific Palisades, CA, Walk to Getty Villa	Communication Event @ Roxbury Park Roxbury Park 471 S Roxbury Dr, Bev- erly Hills, CA 90212, United States	Pack Lunch	
1PM				Getty Villa Getty Villa 17985 Pacific Coast Highway, Pacific Pal-			
2PM		Job Training 1:1 Job Skills (on location)	2. Group Socialization: Colombia Memorial Space Center Columbia Memorial Space Center 12400 Columbia Way, Downey, CA 90242,	Independent Living Skills: Bus back to Dou- glas Park		Job Training: Bestfriends LA Volunteering 1845 Pontius Ave Los Angeles, CA, United States	
3PM					Job Training 1:1 Job Skills (on location)		
4PM							
5PM							
6PM							

September 21 to September 27, 2025

Week 39

- Socialization
- Job Training
- Independent Living Skills
- Physical Wellbeing
- Stellify Calendar
- US Holidays
- Social Group Activity
- Communication

September 2025							October 2025						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6				1	2	3	4	
7	8	9	10	11	12	13	5	6	7	8	9	10	11
14	15	16	17	18	19	20	12	13	14	15	16	17	18
21	22	23	24	25	26	27	19	20	21	22	23	24	25
28	29	30					26	27	28	29	30	31	

	Sunday 21	Monday 22	Tuesday 23	Wednesday 24	Thursday 25	Friday 26	Saturday 27
			Rosh Hashanah	Rosh Hashanah (day 2)			
8AM							
9AM		Physical Wellbeing LA Fitness 6161 North Sepulveda Bldv, Van Nuys, CA 91411, United States	Physical Wellbeing LA Fitness 6161 North Sepulveda Bldv, Van Nuys, CA 91411, United States	Independent Living Skills: Letter Writing Pan Pacific Park 7600 Beverly Blvd, Los Angeles, CA 90036, United States	Physical Wellbeing LA Fitness 6161 North Sepulveda Bldv, Van Nuys, CA 91411, United States	Bike Riding in Long Beach 429 Shoreline Village Dr Long Beach, CA, United States	
10AM							
11AM		Socialization Balboa Park / Pack Lunch Balboa Park Van Nuys 6300 Balboa Blvd, Lake Balboa, CA 91406, Unit-	Lunch/Socialization PIC- NIC (No Pack a Lunch)	Pack Lunch	Lunch/Socialization FAT- BURGER Fatburger 6162 Sepulve-		
Noon							
1PM			1. Group Socialization: Football Lake Balboa / Anthony C. Beilenson Park 6300 Balboa Blvd, Lake Balboa, CA 91406, Unit-		Communication Event @ Roxbury Park Roxbury Park 471 S Roxbury Dr, Bev- erly Hills, CA 90212, United States	Pack Lunch	
2PM		Job Training 1:1 Job Skills (on location)	2. Group Socialization: Iceland Ice Skating Iceland Ice Skating Rink 14318 Calvert St, Van Nuys, CA 91401, United States	Independent Living Skills: Clothes Shopping 189 The Grove Dr Independent Living Skills: Barnes and Noble Barnes and Noble Book- sellers 189 The Grove Dr, Unit K		Group Socialization: Los Angeles Maritime Muse- um Los Angeles Maritime Museum E 6th St	
3PM					Job Training 1:1 Job Skills (on location)		
4PM							
5PM							
6PM							

September 28 to October 4, 2025

Week 40

- Socialization
- Job Training
- Independent Living Skills
- Physical Wellbeing
- Stellify Calendar
- US Holidays
- Social Group Activity
- Communication

September 2025							October 2025						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
	1	2	3	4	5	6				1	2	3	4
7	8	9	10	11	12	13	5	6	7	8	9	10	11
14	15	16	17	18	19	20	12	13	14	15	16	17	18
21	22	23	24	25	26	27	19	20	21	22	23	24	25
28	29	30					26	27	28	29	30	31	

	Sunday 28	Monday 29	Tuesday 30	Wednesday 1	Thursday 2	Friday 3	Saturday 4
					Yom Kippur		
8AM							
9AM		Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States	Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States		Physical Wellbeing LA Fitness 6161 North Sepulveda Blvd, Van Nuys, CA 91411, United States		
10AM							
11AM		Socialization Balboa Park / Pack Lunch Balboa Park Van Nuys 6300 Balboa Blvd, Lake Balboa, CA 91406, Unit-	Lunch/Socialization PIC- NIC (No Pack a Lunch)		Lunch/Socialization FAT- BURGER Fatburger 6162 Sepulve-		
Noon							
1PM			1. Group Socialization: Frisbee Brookside Park 360 N Arroyo Blvd, Pasadena, CA 91103, United States		Communication Event @ Roxbury Park Roxbury Park 471 S Roxbury Dr, Bev- erly Hills, CA 90212, United States		
2PM		Job Training 1:1 Job Skills (on location)					
3PM			2. Group Socialization: Neon Retro Arcade Neon Retro Arcade 28 S Raymond Ave, Pasadena, CA 91105, United States				
4PM					Job Training 1:1 Job Skills (on location)		
5PM							
6PM							